

**Total Knee Arthroplasty
Medication Schedule**

1611 W. Harrison Street, 3rd Floor, Chicago, IL 60612
312.432.2466 (o) 708.409.5179 (f)

Week 1

Date														
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Oxycontin	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg
Vicodin/Norco	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed
Celebrex Daypro Naprosyn	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg
Xarelto	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg
Senokot-S	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs

Week 2

Date														
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Oxycontin	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg
Vicodin/Norco	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed	1-2 tabs as needed
Celebrex Daypro Naprosyn	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg	mg
Xarelto	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg	10mg
Senokot-S	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs	2 tabs

Please Note:

- Use the Vicodin/Norco as medicine for severe or breakthrough pain. It can be taken every 4 hours as needed. In the first 5-7 days we recommend taking this medicine regularly.
- Take the Xarelto 10 mg for 2 weeks after the surgery. If on a blood thinner pre-operatively, this will be continued post-operatively.
- Take the Celebrex/Daypro/Naprosyn (you will be given one of the three) for 3 months after the surgery every day. You will be provided with 2 refills.
- Continue the Senekot-S/colace as long as you take any of the pain medicines (Vicodin /Norco or Oxycontin).
- Please follow the taper schedule prescribed for the Oxycontin.
- Keep in mind that when you start to decrease your Oxycontin dose, you will find an increase in your Vicodin/Norco usage.
- Plan to wean off of narcotic medications by 3 weeks after surgery; however, it is not uncommon to take a Vicodin dose in the evening for up to 6 weeks after surgery.