

Patient History - Initial Visit

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Name: _____ Date of Birth: _____

_____ Today's Date: _____

Are you interested in physician communications via email? Yes No Email: _____

Who sent you to see us? Name: _____

Address: _____

City, State: _____ Zip: _____

Phone Number: _____

Primary Care Physician: Name: _____

Address: _____

City, State: _____ Zip: _____

Phone Number: _____

Why are you seeing the doctor today? _____

Where is your pain located? Right Hip Right Knee R Other
 Left Hip Left Knee L Other

How long have you had this problem? _____

Is this the result of an injury? Yes No If yes, explain: _____

Is there any litigation pending? Yes No Is your problem covered under Worker's Comp.? Yes No

If you are having **HIP PAIN**, where is it located?

Groin Thigh Down below knee
 Side of Hip Down to knee Buttocks

If you are having **KNEE PAIN**, where is it located?

Inside of knee Front of knee Unable to localize
 Outside of knee Back of knee

Is your pain: Getting worse Getting Better Staying the same

Is your pain: Intermittent Constant

How would you describe your pain?

Sharp Throbbing Burning
 Dull Tight Tingling

Reviewed by: _____ Date: _____

Do you have pain when you:

- Walk Sit
 Stand At night

Is your pain worse when you:

- Walk Sit
 Stand At night

Rate your pain on a scale from 1-10 (1 = minimal pain, 10 = severe pain): _____

Do you have experience any of the following?

- Stiffness Numbness
 Swelling Weakness

Do you have a limp?

- None Moderate
 Slight Severe

What is the maximum distance you can walk **BEFORE** you start having pain?

- Unlimited 2-3 blocks 4-6 blocks
 Indoors only Bed to chair only Unable to walk

Do you need assistance with walking?

- None Walker Cane all of the time
 Wheelchair Cane, long walks only

Do you have difficulty going up or down stairs?

- None Take one step at a time
 Use banister always Use crutches or cannot do stairs

Do you have difficulty putting on your shoes and socks?

- None Unable With difficulty

Can you sit in a chair comfortably for:

- Any chair for more than one hour Unable to sit for 1/2 hour
 High chair for 1/2 hour

Can you get up from a chair:

- Normally Difficulty even when using my arms
 Use my arms Need, help, unable to do alone

Have you tried any of the following medications?

- Tylenol Aspirin Vioxx Celebrex Daypro
 Motrin Aleve Voltaren Other

Have you tried injections? Yes No

What kind of injections? Steroids Synvisc Don't Know

How many injections? _____ Approximate date of last injection: _____

Have you tried physical therapy/exercises? Yes No

PAST MEDICAL HISTORY

Please list all of your medical problems (i.e. hypertension, prior blood clots, diabetes, etc....)

Do you have allergies to any medications? Yes No

If yes, please describe: _____

What medications do you presently take?

Medication	Dose	Times taken per day

PAST SURGICAL HISTORY

Have you ever had a previous surgery? Yes No

If yes, please complete:

Surgery/Year	Surgeon	Hospital	Complications

SOCIAL HISTORY

What kind of work do you do?

Homemaker Manual Labor Retired Desk Job

On Disability Other: _____

Marital Status: Single Married Divorced Widowed

Do you have any children? Yes No If yes, how many? _____

Who lives at home with you? _____

Do you live in: House Apartment Other: _____

Approximately how many stairs do you walk to get into your home? _____

Approximately how many stairs do you have inside your home? _____

Do you drink alcohol? Yes No If yes, # drinks per week: _____

Do you use illicit drugs? Yes No Describe: _____

Do you smoke? Yes No If yes, # packs per day: _____ For how many years? _____

Do you exercise regularly? Yes No How many times per week? _____

Do you follow a special diet? Yes No What kind? _____

FAMILY HISTORY

Member	Alive/Deceased	Age	Health Conditions
Father			
Mother			
Sibling			
Sibling			
Sibling			
Sibling			

OTHER INFORMATION

Have you ever had a blood transfusion? Yes No

Have you ever had a problem with anesthesia? Yes No

Have you ever had a blood clot in your leg or lung? Yes No

Height: _____ Weight: _____

Reviewed by: _____ Date: _____

Do you currently or have you ever had problems with any of the following that you did NOT list elsewhere?

Constitutional

- Recent weight loss Yes No
Recent fevers Yes No

Eyes

- Wear glasses Yes No
Cataracts Yes No
Glaucoma Yes No

Ears, nose, throat, mouth

- Sinus problems Yes No
Active dental problems Yes No

Cardiovascular

- Heart attack Yes No
Heart Murmur Yes No
Irregular heart beat Yes No
High blood pressure Yes No
High cholesterol Yes No

Respiratory

- Asthma Yes No
Bronchitis Yes No
Emphysema Yes No
Pneumonia Yes No
Tuberculosis Yes No

Gastrointestinal

- Colitis Yes No
Diverticulitis Yes No
Ulcer Yes No
Hernia Yes No
Hepatitis/Liver problem Yes No

Genitourinary

- Prostate problem Yes No
Kidney problem Yes No
Bladder infections Yes No

Musculoskeletal

- Rheumatoid Arthritis Yes No
Ankylosing Spondylitis Yes No
Lupus Yes No
Osteoporosis Yes No
Paget's Disease Yes No

Skin

- Psoriasis Yes No
Eczema Yes No
Dermatitis Yes No

Neurological

- Seizures/Epilepsy Yes No
Polio Yes No
Parkinson's Disease Yes No
Alzheimer's Disease Yes No
Balance problems Yes No

Psychiatric

- Depression Yes No
Schizophrenia Yes No

Endocrine

- Diabetes Yes No
Thyroid Yes No

Hematologic/Blood

- Blood clots Yes No
Anemia Yes No

Cancer

What kind? _____

Other: _____
